

SEEKONK COUNCIL ON AGING

April 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Wii Bowling 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p> <p>Knitting 12:30-2:30</p>	<p>2</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA</p>	<p>3</p> <p>Pitch 12:30 - 2:30</p>	<p>4</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:45 - 11:15</p>	<p>5</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>8</p> <p>No Wii Bowling Today</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p> <p>Knitting 12:30 - 2:30</p>	<p>9</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA</p>	<p>10</p>	<p>11</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:45 - 11:15</p> <p>Men's Breakfast @ 8:30am Toti's Restaurant</p>	<p>12</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>15</p> <p>PATRIOT DAY</p>	<p>16</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA</p>	<p>17</p> <p>Cardiac Care 9am - 12pm</p> <p>Free Peripheral Artery Disease (PAD) Screening 9-3</p> <p>Pitch 12:30- 2:30</p>	<p>18</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:45 - 11:15</p> <p>Womens Brunch @ 10am Toti's Restaurant</p>	<p>19</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>22</p> <p>Wii Bowling 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p> <p>Knitting 12:30 - 2:30</p>	<p>23</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA</p>	<p>24</p> <p>TRIAD: Senior Medicare Patrol Lunch: Chicken Divan for \$2</p>	<p>25</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:45 - 11:15</p>	<p>26</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>29</p> <p>Wii Bowling 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p> <p>Knitting 12:30 - 2:30</p>	<p>30</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA</p>			

